The Glucose Challenge: 
Diabetes in pregnancy among
Aboriginal and Torres Strait Islander Women

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Gestational Diabetes Mellitus (GDM), or diabetes diagnosed during pregnancy, is increasing, with Indigenous women particularly affected. Women with GDM have a very high risk of developing type 2 diabetes after pregnancy, and hence this is a very important period for prevention and care. This presentation will outline rates of GDM and postpartum care among Aboriginal and Torres Strait Islander women, and discuss a current project which aims to understand challenges for women with gestational diabetes and improve postpartum care.

Catherine Chamberlain is a registered midwife with public health training (MScPHP, MPH), with over 25 years’ experience in maternity services in Australia and overseas. She is currently completing a PhD at Monash University on gestational diabetes among Aboriginal and Torres Strait Islander women. Her research interests include evidence-based practice, systematic reviews, program evaluation, research translation, and mixed methods collaborative research.

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12.30 - 1.30 pm, Seminar Room 515
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