

CENTRE FOR MENTAL HEALTH

Seminar Series

The University of Melbourne



MELBOURNE SCHOOL OF
POPULATION
& GLOBAL
HEALTH

PhD Completion Seminar Listening to the voices of children, parents and teachers about school life: Toward promoting children's wellbeing in Indonesia

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Novi Candra is a Lecturer in the Faculty of Psychology at Gadjah Mada University of Indonesia.

Her PhD studies focus on children's wellbeing in education.

In addition to undertaking research, she is also involved with the Indonesian Learning Movement which aims to promote children's wellbeing by changing school culture in Indonesia.

3-4pm Thursday 27 August 2015
Rm 405B, Level 4, 207 Bouverie Street, Carlton

School life as experienced by children will have a large impact on their mental health status in adulthood. The World Health Organisation recommends a school model that creates positive experiences and promotes wellbeing. Unfortunately, most International literature and research focussed on school models were mostly western, and study from an Indonesian context is limited. This study aimed to explore the experiences of school life by Indonesian children and to develop a school model that promotes children's wellbeing in an Indonesian context.

Students, teachers and parents from a public school, and independent school and an Islamic school participated in activity-based discussion to provide study data for analysis.

The study uncovered some unique experiences by Indonesian children at school, and identified a school model that promotes children's wellbeing based on a cultural and a whole school approach, as well as developmental psychology. This model applies five principles – children's engagement, parents' and community engagement, positive circumstances, societal aims and social-emotional learning.