Integrated planning is critical for creating healthy communities, where jobs and essential infrastructure and services are easily accessible from homes via walking, cycling or public transport. This thesis examines health-promoting integrated planning across Victorian state government departments. Content analysis of policy documents and interviews with senior policymakers identified barriers and enablers. Despite clear aspirations and efforts towards integrated planning in Melbourne, key policy challenges remain, comprising contextual, actor, process and content factors. Based on the findings, a normative model of health-promoting integrated planning is developed, which could assist in creating healthier communities in Victoria and beyond.

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