Papua New Guinea (PNG), a lower-middle income country in the Western Pacific Region (WPR) is currently experiencing rapid economic development. Such development is often accompanied by an increase in NCD and risk factors as a result of associated lifestyle changes. The study aimed to firstly establish a prevalence baseline data of selected NCDs and the associated risk factors, in particular explore the cardiometabolic risk in the study population. Secondly to establish a surveillance system that will allow the longitudinal monitoring of NCD burden and the associated risk factors in the country.

Patricia is a MBBS graduate from the University of PNG, attained a Master of Medical Science while working with PNG Institute of Medical Research as study physician in a malaria study. Main interest now - help identify and establish burden of NCD and associated risk factors in PNG so that appropriate public health interventions and policies developed and deployed in a timely manner to control NCDs in PNG.